

## **Recreation Project for Children in Fukushima -- Project Overview**

### **1. Objectives**

The Recreation Project for Children in Fukushima is established to give **physical, mental and financial supports** to people in the areas damaged by the Fukushima No.1 nuclear power plant accident (nuclear accident), by identifying the **needs of households with children, who want to move to the areas with low radiation level but cannot do so due to various reasons**, and organizing systems and programs to meet their needs carefully.

In specific, the project offers **short-term (several days) recreation opportunities in low-dose areas outside of Fukushima for free, on an ongoing and regular basis.**

### **2. Targets**

**Children (preschoolers and primary school students) and their parents/guardians** in the areas damaged by the nuclear accident

- The damaged areas here refer mainly to those in Fukushima Prefecture (Hama-dori and Naka-dori in particular), but does not have any specific prefectural boundary given the broad range of contamination.
- At present, there is **virtually no other recreation project for preschoolers**, which is very characteristic of this project.

### **3. Expected effects**

- (1) Recreation for children and their parents/guardians for physical and mental relaxation
  - Reduce accumulated dosage
  - Increase the amount of exercise and reduce stress by playing outdoor
- (2) Friendly exchange among participants  
Bring together child-rearing households who tend to be socially isolated, and connect "points" to create a plane
- (3) Interaction with supporters  
Make the matter of Fukushima the matter of the world

### **4. Period**

December 2011 - March 31, 2013 (16 months)

- Weekend recreation: overnight trip in almost every weekend
- Long-term vacation: Several days during the summer holiday

\*After the expiration of the designated period, the project may continue for over ten years, but specific programs will be reviewed every six months.

### **5. Operating funds**

Funds for activities are covered by donation from support groups.

\*To inform donors of the usage of donation, we ask participating children to write a letter of appreciation, which will be sent to the members' co-ops from the Fukushima Kenren.

### **6. Major expenses**

Research (e.g., air dose levels in destinations, types of foods), accommodation for participants and accompanying staff, chartered bus, insurance for volunteers, communication, meetings, and others

\*Mobile phones are provided for free by Softbank Mobile Corporation.

## **7. Current hosting hotels/inns, arrival/departure areas, and application method**

- Departure from Fukushima/Koriyama
  - ◇ Nakanosawa Onsen "Resort Inn Bonari (Inawashiro-town, Fukushima Prefecture)
    - Online application on its official website
    - Call CO-OP NET (travel agency)
  - ◇ Tendo Onsen "Hotel Ichiraku" (Tendo City, Yamagata Prefecture)
    - Online application on its official website
    - Call Fukushima Kotsu Kanko - Fukushima branch (travel agency)
  - ◇ Tokyo Disneyland "Tokyo Bay Maihama Hotel" (Urayasu City, Chiba Prefecture)
    - Fax an application form (downloadable from its official website) to JTB Tohoku Fukushima branch (travel agency)
- Departure from Fukushima/Koriyama/Shin-shirakawa
  - ◇ Azuki Onsen "Kaboku no yado" (Minami-aizu Town, Fukushima Prefecture)
    - Fax an application form (downloadable from its official website) to Manamiyama Kanko (travel agency)
    - Call Minamiyama Kanko

## **8. Project overview**

- Staff meeting

A staff meeting is held at Fukushima Kenren office on every first Monday of the month to develop a recreation plan two months ahead, share information, and discuss issues.
- Fixed number of participants per recreation trip

50 people from 15 groups (To be decided by lot when the no. of applicants exceeds the prefixed one)
- Costs borne by participants
  - Infants (preschoolers): Free
  - One guardian accompanying infant(s): Free
  - Primary school students: 2,500 yen per person
  - Adult (Junior high school students and older): 5,000 yen per person
- Accompanying staff
  - More than 2 staff members
  - 2 volunteer nurses (Fukushima and Korimaya medical coops, and Chuo Shimin Iryo (FCS-medical coop)
  - 2 clinical psychotherapists (Fukushima Society of Certified Clinical Psychologists, about once a month)
  - 2 student volunteers (if possible)
- Transportation to destination

Meet and break up at the west exit of Koriyama station or west exit of Fukushima station of JR East (Shin-shirakawa station selectable only for "Kaboku no yado" trip, and travel by a chartered bus both ways, in general.
- Rent a personal integrating dosimeter and record measurement results
  - Rent one personal integrating dosimeter to every guardian who wants it (20 sets of

“Dose-I” by Fuji Electric Co. (donated by Nara Coop))

- Guardians who borrowed a dosimeter are asked to record the accumulated dosage of child(ren) for one week in a special “note for activity records” and submit it to the secretariat.

## **9. Project status**

### **2011**

December 2 trips (1-Bonari, 1-Kaboku no yado) (as a monitoring case )

### **2012**

January 4 trips 3-Bonari, 1-Ichiraku

February 5 trips 2-Bonari, 2-Ichiraku, 1-Disneyland

March 6 trips 2-Bonari, 2-Ichiraku, 1-Disneyland, 1-Kaboku no yado

April 8 trips 3-Bonari, 2-Ichiraku, 1-Disneyland, 2-Kaboku no yado

May 6 trips 2-Bonari, 2-Ichiraku, 2-Kaboku no yado

\*Now planning for June or later

\*200-300 applications came every time, which inevitably requires drawing to select participants.

## **10. Organizers**

Fukushima University, Disaster Recovery Research Institute

Fukushima Kenren

Fukushima Prefectural Association for UNICEF

## **11. Supporters**

Japanese Consumers' Co-operative Union

Japan Committee for UNICEF

Member Coops ( In random order, as of February 20, 2012 )

COOP Akita, COOP Akita-Kita, Miyagi COOP, Saitama Kenren Coop, Kanagawa Coop, Nagano Consumers' Co-operative Union, Toyama Coop, Ishikawa Coop, Mie Coop, Co-op Shiga, Kyoto-Coop, Osaka Izumi Co-operative Society, Oosaka Yodogawa Consumers' Co-operative, Nara coop, the Consumer Co-operative Kobe, Innoshima Coop, Seikyo Hiroshima, Tottori Coop, Coop-Shimane, Co-op Yamaguchi, Coop Kawaga, Kochi Coop, Coop Kyushu, Consumers Co-operative Lala Co-op, Coop-Miyazaki, Suikousha, Coop-Kumamoto, Coop-Kagoshima

## **12. Contact**

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Scenes from recreation trips

